

School Holiday Programs

All our programs are no charge!

YouTube or Facebook programs can be found by searching @bccneighbourhoodhouses

Monday 20 September

Crafty Sock Projects

Via YouTube

Launches 10.30am

Make your own cute sock toys by following the instructions of our craft teacher, Angie.

Tuesday 21 September

Art for Hearts Sake (8+ years)

Via Zoom - To register call 9249 4900 or email wsc@brimbank.vic.gov.au for Zoom link

10.30am-12pm

Art therapy inspired sessions with local practitioner Ngardarb Riches. Materials will be supplied.

Wednesday 22 September

Cultural Dance & Traditions

Via YouTube @bccneighbourhoodhouses

Launches 10.30am

Explore and learn cultural dances and traditions with iTaukei Fijian Princess Laura.

Thursday 23 September

Art for Hearts Sake (Parents/Adults)

Via Zoom - To register call 9249 4900 or email wsc@brimbank.vic.gov.au for Zoom link

7-8.30pm

Art therapy inspired sessions with local practitioner Ngardarb Riches. Materials will be supplied.

Friday 24 September

Online Wellbeing Session

Via Zoom - To register call 9249 4224 or email sydnh@brimbank.vic.gov.au for Zoom link

Teenage and Youth Session

5.45pm for 6-7pm

Adult and Seniors Session

7pm for 7.15-8.15pm

Learn about regulation strategies, create a wellbeing plan and creative ways to cope or implement into your life.

Monday 27 September

Tai Chi and Meditation to boost Mental Health (12+ years)

Via Zoom - To register call 9249 4900 or email delahaycc@brimbank.vic.gov.au for Zoom link

3.3.30-4.30pm

Learn this low-impact, slow motion exercise as you breathe deeply and naturally focusing your attention. Great stress release for body and mind.

Tuesday 28 September

Art for Hearts Sake (Families)

Via Zoom - To register call 9249 4900 or email wsc@brimbank.vic.gov.au for Zoom link

10.30am-12noon

Art therapy inspired sessions with local practitioner Ngardarb Riches. Materials will be supplied.

Wednesday 29 September

BollyX (Families)

Via Zoom - To register call 9249 4900 or email delahaycc@brimbank.vic.gov.au for Zoom link

2-3pm

Bollywood-inspired dance-fitness program for beginners, with music from around the world.

Thursday 30 September

DIY Bird Feeders

Via YouTube @bccneighbourhoodhouses

Launches 10.30am

Learn to make two cool bird feeder projects, fusing recyclable materials.

Friday 1 October

Dance Party (Youth)

Via Facebook @bccneighbourhoodhouses

Live 4-6pm

Don't miss our fun interactive Dance Party to end these school holidays. DJ Ahadi will be taking song requests. Get ready to show us your dance moves and have a blast.

Links to Fun Activities

<https://www.zoo.org.au/animals-at-home/>

<https://museums victoria.com.au/museum-at-home>

<https://www.youtube.com/user/CosmicKidsYoga>

<https://www.facebook.com/ABCKidsCommunity/videos/203365794285386/>